

### N3 – Thistletown-Beaumont Heights Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Thistletown-Beaumont Heights			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>										
Total Population Age 20-44 <sup>a</sup>	506,292	540,690	1,046,982	233,936	246,266	480,202	2,027	2,015	4,042	
Total Population Age 45-64 <sup>a</sup>	333,668	352,666	686,334	148,346	150,677	299,023	1,280	1,307	2,587	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	806	1,010	1,816	
<b>Chronic Illness (2007)</b>										
<b>Diabetes <sup>a±</sup></b>										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	3.3 (2.5-4.0)	2.8 (2.1-3.6)	3.0 (2.5-3.6)	1.11 NS
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	16.3 (14.3-18.4)	15.2 (13.3-17.2)	15.8 (14.4-17.2)	1.21 H
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	33.7 (30.5-37.0)	26.9 (24.2-29.7)	30.0 (27.8-32.1)	1.08 NS
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	12.6 (11.6-13.5)	11.5 (10.6-12.4)	12.0 (11.3-12.6)	1.14 H
<b>Asthma <sup>a±</sup></b>										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	9.7 (8.4-11.0)	9.4 (8.2-10.7)	9.5 (8.6-10.5)	0.98 NS
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	9.3 (7.7-10.9)	12.3 (10.5-14.1)	10.8 (9.6-12.0)	1.06 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.4 (8.4-10.4)	10.5 (9.5-11.6)	10.0 (9.3-10.7)	1.01 NS
<b>High Blood Pressure <sup>a±</sup></b>										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	6.5 (5.4-7.6)	5.3 (4.3-6.2)	5.9 (5.2-6.6)	1.34 H
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	30.8 (28.3-33.3)	32.1 (29.5-34.6)	31.4 (29.6-33.2)	1.13 H
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	68.4 (65.2-71.6)	72.6 (69.8-75.3)	70.7 (68.6-72.8)	1.03 NS
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	24.6 (23.5-25.7)	26.9 (25.8-27.9)	25.8 (25.0-26.5)	1.10 H
<b>Mental Health <sup>a±</sup></b>										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	9.3 (8.1-10.6)	13.6 (12.1-15.1)	11.5 (10.5-12.5)	1.04 NS
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	11.6 (9.8-13.3)	15.5 (13.5-17.4)	13.5 (12.2-14.8)	0.94 NS
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	9.2 (7.2-11.2)	11.3 (9.3-13.2)	10.4 (9.0-11.8)	0.81 L
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	10.1 (9.1-11.0)	13.8 (12.8-14.8)	12.0 (11.3-12.7)	0.96 NS

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>±</sup> Numerator: derived from validated, disease registries maintained by the **Institute for Clinical Evaluative Sciences (ICES)**. Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

\*\* Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>										
Total Population Age 35-64 <sup>a</sup>	559,476	579,281	1,138,757	254,843	252,503	507,346	2,171	2,137	4,308	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	806	1,010	1,816	
<b>Chronic Illness (2007)</b>										
<b>Chronic Obstructive Pulmonary Disease (COPD) <sup>a±</sup></b>										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	4.1 (3.3-5.0)	3.7 (2.9-4.5)	3.9 (3.4-4.5)	0.78 L
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	21.7 (18.9-24.6)	15.0 (12.8-17.1)	18.0 (16.2-19.7)	0.90 L
% With COPD Age-Adjusted †	9.3	8.1	8.7	12.3	11.4	11.8	8.0 (7.1-9.0)	6.8 (5.9-7.6)	7.4 (6.8-8.0)	0.85 L

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

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