

N135 – Morningside Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Morningside			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
Demographics										
Total Population Age 20-44 ^a	506,292	540,690	1,046,982	233,936	246,266	480,202	3,319	3,598	6,917	
Total Population Age 45-64 ^a	333,668	352,666	686,334	148,346	150,677	299,023	2,393	2,554	4,947	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	1,052	1,389	2,441	
Chronic Illness (2007)										
Diabetes ^{a±}										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	4.1 (3.4-4.7)	3.9 (3.3-4.6)	4.0 (3.5-4.5)	1.48 H
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	22.1 (20.4-23.7)	18.1 (16.6-19.6)	20.0 (18.9-21.1)	1.53 H
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	31.4 (28.6-34.2)	31.9 (29.4-34.3)	31.7 (29.8-33.5)	1.14 H
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	14.6 (13.8-15.4)	14.0 (13.3-14.8)	14.3 (13.8-14.8)	1.36 H
Asthma ^{a±}										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	10.2 (9.2-11.2)	11.9 (10.8-12.9)	11.1 (10.3-11.8)	1.14 H
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	8.3 (7.2-9.4)	13.6 (12.3-14.9)	11.0 (10.2-11.9)	1.08 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.2 (8.4-9.9)	12.5 (11.7-13.4)	10.9 (10.3-11.5)	1.10 H
High Blood Pressure ^{a±}										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	6.5 (5.7-7.4)	5.6 (4.9-6.4)	6.1 (5.5-6.6)	1.39 H
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	35.8 (33.9-37.7)	35.0 (33.2-36.9)	35.4 (34.1-36.7)	1.28 H
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	68.7 (65.9-71.5)	70.2 (67.8-72.6)	69.6 (67.7-71.4)	1.01 NS
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	26.5 (25.6-27.4)	27.8 (27.0-28.6)	27.2 (26.6-27.8)	1.16 H
Mental Health ^{a±}										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	8.2 (7.3-9.2)	12.3 (11.2-13.4)	10.4 (9.6-11.1)	0.94 NS
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	11.1 (9.8-12.3)	12.8 (11.5-14.1)	12.0 (11.1-12.9)	0.84 L
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	8.8 (7.1-10.6)	10.9 (9.2-12.5)	10.0 (8.8-11.2)	0.78 L
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	9.4 (8.7-10.1)	12.2 (11.5-12.9)	10.9 (10.4-11.4)	0.87 L

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ($p < 0.05$). Rates marked not significantly (NS) different do not reach this level of significance.

^a Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

[±] Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
Demographics										
Total Population Age 35-64 ^a	559,476	579,281	1,138,757	254,843	252,503	507,346	3,740	3,951	7,691	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	1,052	1,389	2,441	
Chronic Illness (2007)										
Chronic Obstructive Pulmonary Disease (COPD) ^{a±}										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	5.0 (4.3-5.7)	4.4 (3.7-5.0)	4.7 (4.2-5.2)	0.94 NS
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	20.5 (18.1-23.0)	17.6 (15.6-19.6)	18.9 (17.3-20.4)	0.95 NS
% With COPD Age-Adjusted †	9.3	8.1	8.7	12.3	11.4	11.8	8.3 (7.6-9.1)	7.9 (7.2-8.6)	8.1 (7.6-8.6)	0.93 L

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