

## SubLHIN 0705 – South East Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			South East			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>										
Total Population Age 20-44 <sup>a</sup>	506,292	540,690	1,046,982	233,936	246,266	480,202	33,912	29,451	63,363	
Total Population Age 45-64 <sup>a</sup>	333,668	352,666	686,334	148,346	150,677	299,023	20,442	15,436	35,878	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	6,104	6,913	13,017	
<b>Chronic Illness (2007)</b>										
<b>Diabetes <sup>a±</sup></b>										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	2.7 (2.5-2.8)	2.5 (2.3-2.7)	2.6 (2.5-2.7)	0.96 NS
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	12.9 (12.4-13.3)	12.0 (11.5-12.6)	12.5 (12.2-12.9)	0.95 L
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	28.3 (27.1-29.4)	27.0 (26.0-28.1)	27.6 (26.8-28.4)	0.99 NS
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	10.2 (10.0-10.5)	10.4 (10.1-10.7)	10.3 (10.1-10.5)	0.98 NS
<b>Asthma <sup>a±</sup></b>										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	8.8 (8.5-9.1)	10.9 (10.5-11.3)	9.7 (9.5-10.0)	1.00 NS
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	9.4 (9.0-9.8)	14.2 (13.7-14.8)	11.5 (11.2-11.8)	1.13 H
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.1 (8.9-9.4)	12.2 (11.9-12.5)	10.7 (10.5-10.9)	1.08 H
<b>High Blood Pressure <sup>a±</sup></b>										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	4.5 (4.3-4.7)	3.2 (3.0-3.4)	3.9 (3.7-4.0)	0.89 L
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	24.4 (23.8-25.0)	25.6 (24.9-26.3)	24.9 (24.5-25.4)	0.90 L
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	61.3 (60.0-62.5)	67.5 (66.4-68.6)	64.6 (63.7-65.4)	0.94 L
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	20.5 (20.2-20.8)	23.1 (22.8-23.4)	21.9 (21.7-22.1)	0.94 L
<b>Mental Health <sup>a±</sup></b>										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	11.7 (11.4-12.0)	13.3 (12.9-13.7)	12.5 (12.2-12.7)	1.13 H
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	15.9 (15.4-16.4)	18.4 (17.8-19.0)	17.0 (16.6-17.3)	1.19 H
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	11.1 (10.3-11.9)	13.6 (12.8-14.4)	12.5 (11.9-13.0)	0.97 NS
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	12.9 (12.6-13.2)	15.0 (14.7-15.3)	14.0 (13.8-14.2)	1.12 H

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>±</sup> Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

\*\* Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>										
Total Population Age 35-64 <sup>a</sup>	559,476	579,281	1,138,757	254,843	252,503	507,346	36,460	26,839	63,299	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	6,104	6,913	13,017	
<b>Chronic Illness (2007)</b>										
<b>Chronic Obstructive Pulmonary Disease (COPD) <sup>a±</sup></b>										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	7.5 (7.2-7.8)	6.3 (6.0-6.6)	7.0 (6.8-7.2)	1.40 H
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	29.0 (27.9-30.2)	21.9 (20.9-22.8)	25.2 (24.5-26.0)	1.26 H
% With COPD Age-Adjusted †	9.3	8.1	8.7	12.3	11.4	11.8	12.8 (12.5-13.2)	10.8 (10.5-11.1)	11.8 (11.5-12.0)	1.36 H

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